

SJASSC FUNdamentals Meet

For many of you this is your first competitions. Here is some useful information to assure you have a Fun day.

At Home:

- Check equipment the night before, don't forget anything → sharp skates, helmet, gloves, neck guard, shin pads, knee pads, protective eyewear.
- bring your own LUNCH, healthy snacks and water-Tim's and Wendy's next door

At the Rink:

- Arrive early →Check in 8:30
- Pick up your racing bib and schedule at the front entrance
- Go to the change room with your club's name on it. The stands will be used by spectators, so skaters must use change rooms.
- Skaters will be divided into groups(divisions)with skaters of similar times. Each racer will have a colored bib to put on which identifies their group(division)
- Racing starts 9am which means you are ready with your equipment on and the first 3-4 divisions are lined up in the Bull pen ready to start. Volunteers will help organize the skaters.
- The Bull Pen is the area where the skaters are lined up before going on the ice. Their equipment will be checked at this time. Make sure they don't get cold waiting. (Blankets/Jackets)
- Upstairs-warm area for skaters (no Skates on), siblings and spectators.
- Do not walk upstairs with skates on: it is unsafe and may damage the skates. Put on and take off skates in the change room.

The Schedule

- The race schedule lists skaters according to division(colors). It will also indicate the type of race, size of track, number of laps and direction of race. →If you have any questions ask a volunteer.
- Parents are requested to follow along with the schedule and assure their skater is ready for their race.
- Each skater will do several races and their will not be much time between them
- Times are not recorded; just placement
- Cards with the ribbons won during the races will be given out at the end of the meet upstairs.
- There will be a 30minute break/lunch from12:15-12:45 (group 5 ice time) Racing will resume after this until 2pm. Lining up for the bullpen will start a little before 12:45 so we can start the racing quickly.

The Volunteers

- Thanks you to the many volunteers who are helping with the meet. If you would like to help we can find a job for you.
- There will also be a bake sale upstairs-fundraising for the club.
- Thank you for bringing your child today.

MOST IMPORTANTLY HAVE FUN! :)