



FUNdamentals Meet

Saturday, December 16th from 9am to 2pm
Charles Gorman Arena, 80 University Avenue, Saint John

In this FUNdamentals Meet younger skaters will participate in an exciting day of race themed activities designed to showcase the age and stage appropriate skills that they are learning. This includes several races, on varying size tracks, in both clockwise and counter clockwise directions. Skaters will be grouped according to their abilities and/or times to keep it fair and fun for all. This will be a FUN introduction to competition for some, and a change from standard 2 day long meets for others.

Participants:

Upper limit: ~50 seconds or slower in 400m

~25 seconds or slower in 200m

Lower limit: able to skate 2 laps reasonably well

The coaches will have to submit times for seeding

Competition:

- ✓ Official times will not be taken; skaters will be given placement only (e.g. 1st, 2nd, 3rd...)
- ✓ Skaters will race in the same division all day
- ✓ Racing will take place on various track sizes
- ✓ Racing will be counter clockwise for the first part and clockwise for the second part of the competition
- ✓ No separate warm up; the first race is the longest and will serve as warm up (so please be there on time)
- ✓ Club coaches with skates are allowed on the ice to help direct and encourage inexperienced skaters
- ✓ All SSNB Competition racing safety equipment is mandatory. Safety glasses with straps will be available for sale

Awards:

Each participant receives a ribbon for each race, which will be placed on a Ribbon Board presented at the end of the competition.

Registration:

- ✓ Fee \$15 per skater, \$35 per family (one cheque per club to SJASSC)
- ✓ Registration required including 200m or 400m times (if your child has not attended a timed race please ensure your coach submits a 200m time. This is VERY important)
- ✓ Registration will open November 22nd, 2017 (To prevent confusion with the Charles Gorman Memorial Meet at Harbour Station, taking place on December 4th & 5th, with a registration deadline of November 21st)
- ✓ Deadline December 9th, 2017 (To help volunteers no late registrations can be excepted)